

MENU

poké perfect

Hawaiian inspired food

Fish.



The Witzel

Salmon, avocado, cucumber and spring onion mixed in with our signature Poké Ponzu sauce, topped off with vegan orange masago and sesame seeds (add mango + €1.00).

13.95

 0.7
kg CO₂e



Shrimply The Best

Shrimp tempura, avocado, cucumber and seaweed salad mixed in with our vegan Wasabi Mayo, topped off with shredded seaweed and chili flakes.

12.50

 1.2
kg CO₂e



The Original

Salmon, avocado, edamame beans, spring onion, shredded seaweed flakes and sesame seeds in a spicy marinade topped off with vegan orange masago and our vegan Sriracha Mayo.

14.50

 0.7
kg CO₂e



Spicy Sriracha Tuna

Ahi tuna, avocado, edamame beans, carrots and spring onion mixed in with our vegan Sriracha Mayo, topped off with tempura crunchies and sesame seeds.

15.95

 0.7
kg CO₂e

Protein.



38 grams
of protein!

Protein Poké - Tofu

Quinoa, tofu, feta cheese, sweet potatoes, chickpeas, edamame beans and red beet served with our Miso Tahini sauce, topped off with spring onion, chili flakes and sesame seeds.

13.50

 0.9
kg CO₂e



48 grams
of protein!

Protein Poké - Chicken

Quinoa, marinated chicken thighs, feta cheese, sweet potatoes, chickpeas, edamame beans and red beet served with our Miso Tahini sauce, topped off with spring onion, chili flakes and sesame seeds.

14.50

 1.1
kg CO₂e

Vegan.



The Vegan Original

Vegan salmon, avocado, edamame beans, spring onion, shredded seaweed flakes and sesame seeds in a spicy marinade topped off with our vegan Sriracha Mayo.

14.50

 0.5
kg CO₂e



Next Level Tempeh

Sticky tempeh, cucumber and corn in a spicy marinade topped off with pickled veggies, shredded seaweed flakes and sesame seeds.

12.50

 0.5
kg CO₂e



You Make Miso Happy

Crispy tofu, cucumber, edamame beans, red beet and carrots mixed in our Miso Tahini sauce topped off with crispy fries and sesame seeds.

12.50

 0.6
kg CO₂e

Special.

Try our new seasonal special that will take you to the tropics.



Honolulu Heatwave

Shrimp tempura, mango, pineapple, bell pepper and jalapeños topped off with kewpie mayonnaise, sweet chili sauce, chili flakes, coconut flakes, cilantro and a lime wedge.

12.90

 1.1
kg CO₂e

Extra hungry?

Order the Large bowl for €2.00 extra.

Meat.



Slow Cooked Beef

Warm slow cooked beef served on top of edamame beans, cucumber and radish mixed in our vegan Sriracha Mayo topped off with pickled veggies, fried garlic and sesame seeds.

14.50

 1.9
kg CO₂e



Teriyaki Ginger Chicken

Warm chicken thighs served on top of corn, carrots, sweet potato and cucumber mixed in our Teriyaki Ginger sauce, topped off with pickled ginger, crunchy onion and sesame seeds.

13.95

 0.8
kg CO₂e

Sides.

Shrimp tempura 1+3+6

4.75

Spring rolls 1+2+3

4.25

Gyoza 1+2+3

4.25

Seaweed salad 1+2+3

3.50

Pickled veggies

3.00

Desserts.

Chocolate brownie 1+3+5

4.75

Spekkoek 1+4+11

4.50

Matcha green tea mochi 4

4.90

Mango mochi 3

4.90

Pssst.

Is your bowl labeled with a value above the climate-neutral 0.5 kg CO₂e? Compensate the climate impact of your bowl at the counter, and we will donate it to charity.

Thank you!

All signatures come with sushi rice as a base - this can be substituted for quinoa, salad or broccoli rice. Do you have any allergies? Tell our staff!

BUILD YOUR OWN

Regular bowl €13.50 ● Large bowl €15.50



1

Base.

Choose your base

Sushi rice
Baby greens
Quinoa
Broccoli rice
+ €1.00

2

Premium.

Choose 1 premium
(extra + €3.50)

Salmon 7
Ahi tuna 7
+ €3.00
Vegan salmon
Tofu 1•2•3•8
Sticky tempeh 1•3

Warm premium.

Shrimp tempura 1•3•6
Gyoza (vegan) 1•2•3
Chicken thighs 1•3
(halal, free range)
Slow cooked beef
(free range) 1•3
+ €2.00
Tempura fried chicken 1•3

3

Topping.

Choose 3 toppings
(extra + €0.90)

Carrots
Cherry tomatoes
Crispy corn
Cucumber
Edamame beans 3
Jalapeños
Orange masago 1•3
(vegan)
Pineapple
Bell pepper
Radish
Red beet
Spring onion
Haricot verts
Chickpeas
Pickled cabbage, onion & carrots
Sweet potato + €0.50

Toppings €1.00 extra

Boiled egg 11
Avocado
Mango
Seaweed salad 1•2•3
Feta cheese 4

4

Sauce.

Choose a sauce

1. Poké ponzu 1•2•3
Our signature sauce
2. Sriracha mayo
Slightly spicy
3. Miso tahini 1•2•3
4. Teriyaki ginger 1•3•8
5. Wasabi mayo 8•9
Slightly spicy
6. Kewpie mayo 3•9•11

5

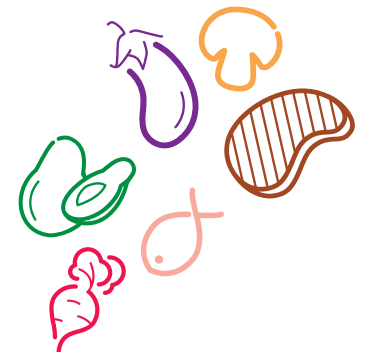
Final touch.

Top it off!

Chili flakes 2
Crispy fries 10
Crunchy onion 1
Fried garlic
Sesame seeds 2
Shredded seaweed flakes
Pickled ginger
Tempura crunchies 1•11
Wasabi 9
Coconut flakes 8
Cilantro
Lime wedge
Signature house seasoning
1•2•3•4•6•7•11



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Allergies.

- | | |
|-----------------|-------------|
| 1• Gluten | 8• Sulfites |
| 2• Sesame | 9• Mustard |
| 3• Soy | 10• Celery |
| 4• Milk/lactose | 11• Egg |
| 5• Nuts | 12• Lupine |
| 6• Shellfish | 13• Peanuts |
| 7• Fish | 14• Mollusc |

More about allergies?

Our products are prepared in kitchens where allergens are present. We cannot guarantee our products are 100% free from (traces of) allergens.

Scan me



We care about out planet.

That's why we add climate labels to our signature bowls that display the carbon footprint of each meal. It shows whether the bowl of your choice is equivalent to a low, medium, or high climate impact. Scan the QR-code and find out more.

Scan me

